



TIP OF THE TONGUE

“RE-SKINTRODUCTION”:
The process of revealing untanned, untuned skin in the spring after a long winter’s hiding.



EDITOR'S PICK



Tyra Banks, America's Next Top Model

BANK(S) ON IT

The woman who taught us how to “smize” is now showing us how to do a six-minute face.

Tyra Banks' new **Tyra Beauty** line is built on efficiency—and based on her knowledge after years of sitting in a makeup chair and later as host of *America's Next Top Model* on The CW. Everything in the collection is meant to be used without tools: We love the blendable blush stick and the “Oops Liner,” which has a liquid liner on one end and a makeup eraser on the other. shop.tyra.com

BANKS: RONALD JAFFE/CBS; OOPS LINER: COURTESY OF TYRA BEAUTY

About Face

What’s in and what’s out when it comes to cosmetic procedures

New York plastic surgeon **Robert Schwarcz, MD**, is the man behind some of Hollywood’s most ageless faces—and also a *Watch!* columnist. He answers all of your burning beauty questions.



Robert Schwarcz, MD

Watch!: What are the biggest changes in cosmetic surgery over the past few decades?

Robert Schwarcz, MD: Surgical methods have adapted to minimal incisions, leading to less scarring and quicker recovery times. The emphasis is now on more natural-looking results.

Watch!: How have lip procedures evolved?

Schwarcz: Lips have come full circle. In the past, they sometimes looked distorted and almost duck-billed by overfilling. Now there is more of a subtle fill to enhance the existing shape.

Watch!: What about noses?

Schwarcz: From the 1970s to the 1990s, noses all looked the same: small and sloped. Now we appreciate rhinoplasties that leave behind more structure, cartilage and character; noses fit the face of the individual more appropriately.

Watch!: And face-lifts?

Schwarcz: In the 1960s, there were skin-only face-lifts that didn’t last. Then, the muscular layer was lifted for a longer-lasting result.

Deep-plane face-lifts became popular in the late 1980s because they lasted longer—but they also caused more nerve injuries, since it was more invasive surgery. Techniques have since been developed with smaller incisions and less risk and downtime. Our understanding of aesthetics also changed, so faces now look less pulled and more natural. **U**