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Do Your Earlobes Make You Look Old? How You Voted

“Do your ears hang low? Do they wobble to and fro?...” Photo: jupiterimages

Are your lobes saggy or wrinkly? Then it might be time to think about an earlobe lift.



Earlobe rejuvenation is on the rise in the US, according to the Daily Mail.

“As collagen and elasticity decreases, earlobes often become elongated, saggy and thin, with fine wrinkling on the surface. Women who wear heavy earrings are particularly at risk because the weight of the jewelry inevitably pulls the ear downwards and causes the skin to become weaker and stretched,” the paper reports.

We asked Dr. Robert Schwarcz, a New York City facial plastic surgeon, about what can be done when your lobes start looking a little worn.

“My favorite procedure for this is to use the patient’s own fat, harvested from their belly, to plump the earlobes,” says Dr. Schwarcz.

“I inject a little with a tiny incision hidden in the base of the earlobe, where the crease meets the jawline, so no one ever sees it, then I plump it up and it looks three dimensionally plump and feels very soft.”

Fat injections will run you about \$1,000, with results usually lasting a lifetime.

Dr. Schwarcz also uses injections of Juvederm, Sculptra or Restylane to plump up the lobe, which costs about \$650 and lasts between 6-12 months. The most intense lobe procedure he offers is a surgical procedure called earlobe reduction.

“Sometimes older patients will have really big lobes, whether they’re stretched out from earrings or from aging, or they’ve always had big lobes and now they’re flat like pancakes,” says Dr. Schwarcz.

“In those cases I’ll surgically reduce the size of the earlobe and actually make it smaller. Sometimes earlobes are squared off naturally and that’s not as attractive as a rounded earlobe, so I’ll make it rounded.”

Earlobe reduction with Dr. Schwarcz is \$1,200 for both ears.

We know the ‘80s are making a big comeback, but you might want to think twice before rocking those doorknocker earrings from that decade of excess.